

# Want to Help Military Families in Your Community?

Service members and their families face unique challenges that can often take a toll on their mental well-being. While some of these are manageable, some require further evaluation. Research shows that confidential online screenings, which are highly accessible and nonthreatening to users, may help get people who have depression into treatment.

Are you a community organization that serves military personnel and their families? Are you wondering what you can do to address the mental health needs of this population?

Military Pathways® is providing free promotional materials (posters, wallet cards and water bottles, as well as access to confidential, free online screenings) to community based organizations that have specific outreach initiatives that address service members, veterans and their families. If you work with service members or military families, and want to help reduce stigma, raise awareness about mental health, and connect those in need to available resources, contact us at [military@mentalhealthscreening.org](mailto:military@mentalhealthscreening.org).